

Dr. Erickson's Daily Practice Routine

Use your "note for the day" as a starting pitch for each exercise, in addition to 1 or 2 more keys each day.

$\text{♩} = 60$

2 or 3 keys per day for each exercise

Make sure each note has the same tone quality.

Change articulations each day: Slurred, legato, staccato, etc.

Switch between terraced or gradual dynamic changes

1 2 3 4 5 4 3 2 1

1 2 3 4 5 4 3 2

1 2 3 4 5 6 7 8 9 8 7 6 5 4 3 2 1

2 3 4 5 6 7 8 9 8 7 6 5 4 3 2 1

1 2 3 4 5 6 7 8 9 8 7 6 5 4 3 2 1

Try to make it to here in 1 breath.

Choose keys in varying registers.

For all above exercises, listen carefully to pitch, dynamics, vibrato, articulations.

For vibrato, add per beat.

Articulations - Barret #1 and #2 - 1 key per day

Double- and Triple- tonguing exercises

Scales - Vade Mecum pp. 1-4

David Hite - 1 key per day

All assigned scales - every day!

Sight reading - Sellner - 1 key per day

Orchestral Excerpts - 2 or 3 Major excerpts per day

Rhythm - 1 or 2 pages of Larry Teal Studies in Time Division